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Mets' deGrom wins NL Cy Young Award  
by a landslide. 6

Steve McQueen on going mainstream and  
never, ever dumbing things down. 16

# OH, SNOW!

The first nor'easter of the season is expected to arrive  
Thursday, with snow, sleet and rain in the forecast. 8



Let these local restaurants do the Thanksgiving work for you. 12



ISTOCK



## THINGS TO KNOW



ANNA HARSTEDT, STAFF WRITER

As we enter the season of giving, Metro asks that you donate to Tony's Metro Magic, our annual holiday toy drive to help underprivileged children in your community. You can donate by visiting [metro.us/magic](https://metro.us/magic), clicking on the toy wish list of your choice, and ordering via a secure payment system. Toys will then be distributed to local children in need.

## WELCOME TO METRO.US

## STORMY LAWYER BUSTED FOR DOMESTIC VIOLENCE

Attorney Michael Avenatti, who represents adult-film star Stormy Daniels in her legal battles with U.S. President Donald Trump, was arrested in Los Angeles on Wednesday on suspicion of domestic violence, a police spokesman said. No further details were immediately available, but police spokesman Jeff Lee said Avenatti was in the process of being formally booked. No one was available for comment at Avenatti's law office in Newport Beach, south of Los Angeles. Avenatti came to national prominence as the law-

yer for Daniels, a porn actress whose real name is Stephanie Clifford, who sued Trump for defamation after he denied her assertion that she had a sexual encounter with him in 2006. That lawsuit was dismissed by a federal judge last month. Daniels has filed a separate lawsuit over a \$130,000 hush-money agreement stemming from the alleged encounter. Avenatti's clients have included Julie Swetnick, who accused Brett Kavanaugh of aggressive sexual behavior before his confirmation to the U.S. Supreme Court.

## TRUMP AIDE FIRED AFTER FEUD WITH MELANIA

Mira Ricardel, the White House deputy national security adviser, was forced out of her job on Wednesday after President Donald Trump's wife, Melania, said Ricardel did not deserve the honor of working for her husband. Ricardel "will continue to support the president as she departs the White House to transition to a new role within the administration," White House spokeswoman Sarah Sanders said in a statement. Sanders did not elaborate on what Ricardel's new job would be. Trump, after congressional elections last

week in which his Republican Party saw its power eroded, is also preparing to oust Homeland Security Secretary Kirstjen Nielsen as part of a post-election Cabinet shakeup, several U.S. officials said. Ricardel is a former Commerce Department official hand-picked by Trump's national security adviser, John Bolton, to serve as his deputy. She ran afoul of Melania Trump and her staff in negotiations over the first lady's trip to Africa in October and the use of government resources for the trip, a senior administration official said.

## AMAZON PROTESTERS GATHER IN LIC

Protesters gathered in Long Island City to say "no" to Amazon's HQ2 decision on Wednesday. It's exciting for some, worrisome for others: The arrival of a massive headquarters of technology giant Amazon in two East Coast communities is certain to bring huge changes. Amazon announced Tuesday after a yearlong search that it would split its HQ2 between Arlington, Virginia, and Long Island City.



DON EMMERT/AFP/GETTY IMAGES

## FLAKE TAKES A STAND ON PROTECTING MUELLER

A lone Republican lawmaker on Wednesday vowed to block judicial nominations in the U.S. Senate until Republican leader Mitch McConnell agrees to hold a vote on a measure to protect a probe into Russia's role in the 2016 presidential election. Sen. Jeff Flake made the threat after McConnell blocked Flake's measure from moving forward. The Special Counsel Independence and Integrity Act would make it harder for President Donald Trump to undermine the investigation into Russian meddling and any coordination between Moscow and the Trump campaign. Mos-

cow denies interfering and Trump has repeatedly dismissed Special Counsel Robert Mueller's investigation as a political witch hunt. "I will not vote to advance any of the 21 judicial nominees pending in the Judiciary Committee, or vote to confirm the 32 judges awaiting confirmation on the Senate floor until [the bill] is brought to the full Senate," Flake said after his effort to win consent for a vote failed. Flake, who is retiring from the Senate, used the same strategy earlier this year to obtain a Senate vote on an amendment to rein in Trump's power to impose tariffs on foreign goods.

## NOT ALL LOW-INCOME METROCARDS DISCOUNTED

In January, half-priced MetroCards for low-income New Yorkers will come to the city, but the discounts will only apply for monthly or weekly passes. New details about the Fair Fares program, which was officially included in the city budget in June, were released on Tuesday during an MTA board meeting. The details suggest the MTA will not be providing single-trip discounts when the program kicks off next year. Instead, low-income New Yorkers who are living at or below the federal poverty level, or a household income of \$25,000 for a family of four, can buy half-

off 7-day or 30-day passes. "We always envisioned riders being able to purchase any fare type at half price and hope that this flexibility is added as the program rolls out," David Jones, MTA board member, said in a statement. The City Council and Mayor Bill de Blasio have agreed to provide roughly \$100 million in funding six months of the program, fully subsidizing the cost of MetroCards during the test run. The MTA's senior vice president for operations support, Tim Mulligan, said at Tuesday's MTA board meeting that he thinks the program will be good for the agency. ANNA HARSTEDT

## TONY'S METRO MAGIC 2018



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## NEWS

# Local NYC politicians not impressed by perks offered to Amazon

From helicopter permits to tax abatements, a look at the perks that NY offered to Amazon — and the blowback from local politicians.



ANNA HARSTEDT  
letters@metro.us

With more than 230 cities wooing Amazon to build its next headquarters in their town, you'd think that the residents and local politicians would be thrilled that the world's largest retailer is coming to Long Island City.

Think again.

On Tuesday, Gov. Andrew Cuomo and Mayor Bill de Blasio touted Amazon's arrival as the "biggest private investment in the city and state of New York" combined with the

tech giant's pledge of \$5 billion in capital investments and 25,000 jobs. Local politicians slammed the deal that included \$1.7 billion in grants, tax breaks, and a permit that would allow a helicopter to land on top of the new headquarters 120 times a year — that's about once every three days.

The deal came together despite concerns from New York's local, state and federal elected officials.

In a statement, Sen. Michael Gianaris and New York City Council Member Jimmy Van Bramer, whose districts include Long Island City, expressed that "offering massive corporate welfare from scarce public resources to one of the wealthiest corporations in the world at a time of great need in our state is just wrong."

"We were not elected to serve as Amazon drones," Gianaris and



The Empire State Building, lit in orange in support of Amazon's HQ2.

GETTY IMAGES

Van Bramer said in the statement. "The burden should not be on the 99 percent to prove we are worthy of the 1 percent's presence in our communities, but rather on Amazon to prove it would be a responsible corporate neighbor."

Incoming New York

Rep. Alexandra Ocasio-Cortez also expressed concerns, saying that the Queens community has responded with "outrage" to the news of Amazon's new headquarters.

In a series of tweets, Ocasio-Cortez criticized the tax breaks New York has offered Amazon and

questioned whether the company plans to pay high wages, provide benefits, and hire from the existing community:

"Displacement is not community development. Investing in luxury condos is not the same thing as investing in people and families,"

she tweeted. "Shuffling working class people out of a community does not improve their quality of life."

She added: "We need to focus on good health-care, living wages, affordable rent. Corporations that offer none of those things should be met w/ skepticism. It's possible to establish economic partnerships w/ real opportunities for working families, instead of a race-to-the-bottom competition."

City Council Member Brad Lander also shared some concerns:

"Problem is not only Amazon's ULURP-evading assault on LIC, closed-doors #AmazonCuomo process to extract NYS tax breaks, or self-serving, secrecy-requiring bidding process. It's the whole corporate practice of forcing cities into a war-of-all-against-all."



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# MTA to buy Grand Central Terminal for \$35 million



Grand Central Station in New York City. GETTY IMAGES

The MTA plans to finalize the purchase on Thursday following a vote by the board.

SARAH LUOMA  
letters@metro.us

The New York MTA is in the midst of brokering a deal to buy Grand Central Terminal as well as the Metro-North Harlem and Hudson lines for \$35 million. Both are owned by private companies.

The plan was approved by the MTA's finance board this week with the hope of finalizing the sale on Thursday following a full board vote, according to the New York Post.

"This was a no-brainer, from a financial standpoint," said MTA Chief Development Officer Janno Lieber.

"This transaction secures for the MTA control over development rights along the Harlem Line and Hudson Line, which will allow us to help local jurisdictions implement high-quality Transit Oriented Development for generations to come."

Purchasing the building will allow the MTA to have complete control over the property as well as the East Side Access terminal being built beneath Grand Central Terminal.

"This marks a new chapter in the railroad's history and eliminates a quirk that had lingered," Metro-North Railroad President Catherine Rinaldi said, in a statement.

The New York MTA's decision to purchase would end its 280-year lease of Grand Central Terminal, which sees 750,000 visitors daily.

"By becoming the true owners of the infrastructure that we have long maintained on behalf of the people of New York, we are asserting Metro-North's permanence as an institution dedicated to public service," Rinaldi added.

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## Why deGrom's Cy Young win is so rare



GETTY IMAGES

New York Mets ace Jacob deGrom won the 2018 National League Cy Young Award, pitching's top honor in Major League Baseball, on Wednesday night.

He did so in dominant fashion, collecting 29 of a possible 30 first-place votes, finishing ahead of Max Scherzer of the Washington Nationals and Aaron Nola of the Philadelphia Phillies.

His victory — with just a 10-9 record — is one of the rarest and oddest Cy Young wins considering all the intangibles that went into deGrom's historic year.

DeGrom went 29 straight starts allowing three runs or fewer. Eight of those starts featured no runs allowed, yet deGrom only received 3.53 runs of support per start.

Had he earned the

league average of 4.45 runs per start, deGrom would have easily eclipsed the 20-win mark.

DeGrom was throttled to the Cy Young behind a sterling 1.70 ERA. And with a strikeout-to-walk ratio of 269-46, deGrom truly had one of the rarest combinations of stats in the game's history.

Since 1908, only two other pitchers (Christy Mathewson in 1908, Pedro Martinez in 2000) recorded an ERA under 2.00 with more than 250 strikeouts and fewer than 50 walks in a season.

DeGrom's 10 wins this season were the fewest attained by a Cy Young Award winner. The previous record belonged to Seattle Mariners ace Felix Hernandez, who won 13 in 2010 before winning the American League Cy Young. JOSEPH PANTORNO



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## Nor'easter brings winter blast to major East Coast cities

The first winter storm of the season is expected to hit the mid-Atlantic with an icy mix.



SARAH LUOMA  
letters@metro.us

Cities along the Eastern Corridor are expecting the first winter storm of the season to bring an icy mix of snow, sleet, and rain across the mid-Atlantic region.

On Thursday, New York City is expected to see the least amount of snow, with a slushy coating of up to one inch, with gusts from 8 to 12 mph that will make the air feel colder than 36 degrees. Thursday night will bring rain, heavy at times, with wind

gusts working their way to 21 mph in some areas.

Other New York counties such as Cortland, Steuben, Tioga, Seneca, Schuyler and Yates counties could see anywhere from seven to eight inches of snow.

Meanwhile, Boston will see temperatures in the mid-30s on Thursday, with temperatures dropping to the low-30s later in the day.

Periods of snow and sleet will arrive in the evening, with one to three inches of snow possible followed by rain. Some areas will see wind gusts of up to 35 mph.

Across the East Coast, commutes will be a challenge, with the National Weather Service warning of slippery roads and limited visibility.





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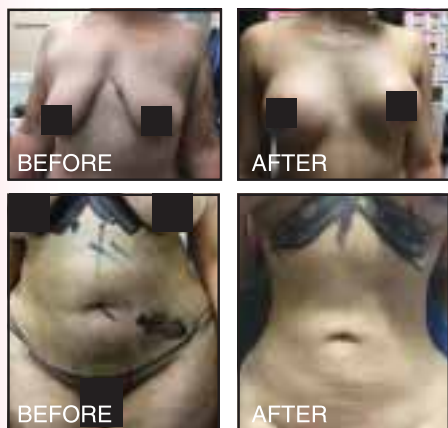
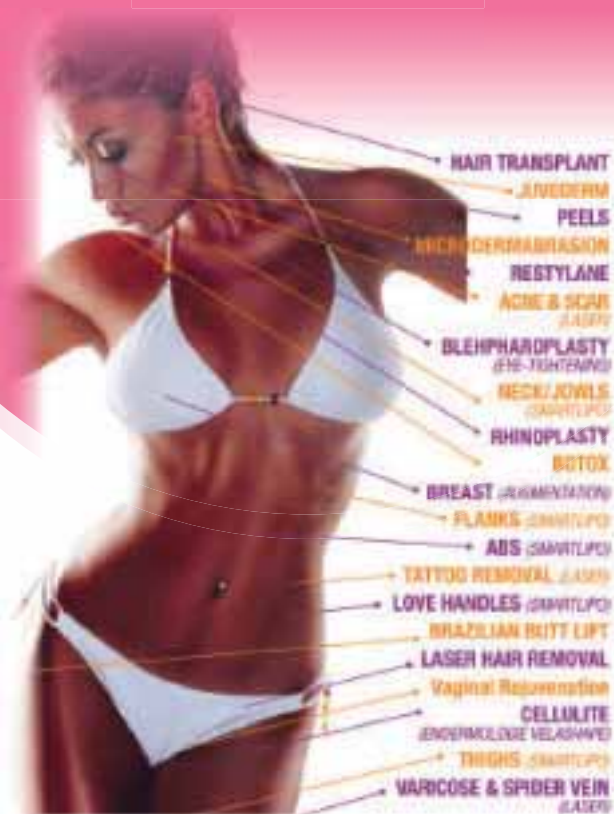
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# Brother of cartel leader testifies against 'El Chapo'

Reynaldo Zambada is expected to continue testimony on Thursday.

Joaquin "El Chapo" Guzman was a top leader of Mexico's Sinaloa Cartel along with drug lord Ismael Zambada for years and personally invested in massive cocaine shipments to the United States, Zambada's brother told jurors on Wednesday.

The testimony from Jesus Reynaldo Zambada, 57, came on the second day of Guzman's drug trafficking trial in Brooklyn federal court.

Jesus Zambada, who was extradited to the United States from Mexico in 2012 and is cooperating with U.S. authorities, offered a look at the inner workings of the cartel,

which prosecutors say has made billions of dollars selling cocaine, heroin, marijuana and methamphetamine.

Guzman, 61, faces 17 criminal counts, and life in prison if convicted. His lawyer, Jeffrey Lichtman, told jurors in his opening statement that Ismael Zambada was the leader of the cartel, and Guzman a mere scapegoat.

Jesus Zambada, who has a college degree in accounting, testified that he first became involved in the cartel around 1987 when he developed an accounting system for collecting money from cocaine buyers in the United States. He said he remained in the organization until his arrest by Mexican authorities in 2008. By then, he said, the organization was largely

run by his brother, who remains at large, and by Guzman.

Zambada said his work included receiving multi-ton shipments of cocaine from Colombia by boat on a beach in Cancun and overseeing a warehouse in Mexico City where cocaine was stored before being smuggled to the United States.

Speaking calmly and dressed in blue and orange prison clothes, he told jurors that cocaine was transported in gasoline tanker trucks, partly filled with gasoline to avoid detection, to crossing points on the U.S. border.

Zambada also delved into the financing of cross-border drug deals, explaining that the Sinaloa cartel's top and mid-level leaders would pool money





GETTY IMAGES

to invest in shipments from Colombia. Each investment, split evenly with Colombian suppliers, could yield tens of millions of dollars in profit, he said.

Zambada said his brother and Guzman jointly invested in multi-ton shipments in the 2000s. He offered few other details about Guzman, although he said he had spoken to him on the phone several times. In court, Guzman sat at a table with his lawyers listening to the testimony and showing no emotion. Zambada is expected

## 200K

More than 200,000 people have been killed — many in cartel feuds — since the Mexican government sent troops in to take on the drug gangs in 2006.

to continue testifying on Thursday. He is the first of several former Guzman associates under cooperation agreements who are expected to testify at the

trial, which is expected to last up to four months.

Assistant U.S. Attorney Adam Fels told jurors in his opening statement on Tuesday that the evidence in the case would trace the story of Guzman's rise from a low-level marijuana trafficker to a powerful drug lord who became one of the world's most wanted fugitives.

After years on the run and two dramatic prison escapes, Guzman was finally captured in January 2016 in his native Sinaloa in northwest Mexico and was extradited to the United States a year later. **REUTERS**

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	\$2,081	11	1 person	\$71,349 - \$95,030
			2 people	\$71,349 - \$108,550
			3 people	\$71,349 - \$122,070
	\$2,179	6	1 person	\$74,709 - \$95,030
			2 people	\$74,709 - \$108,550
			3 people	\$74,709 - \$122,070
2 bedrooms	\$2,506	34	2 person	\$85,920 - \$108,550
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<sup>1</sup> Tenant is responsible for electricity.

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<sup>4</sup> Minimum income listed may not apply to applicants with Section 8 or other qualifying rental subsidies. Asset limits also apply.

#### How Do You Apply?

Apply online or through mail. To apply online, please go to [nyc.gov/housingconnect](http://nyc.gov/housingconnect). To request an application **by mail, send a self-addressed envelope with a stamp to: Bushwick and Evergreen Apt, c/o Reside New York, 381 South 5th Street, Unit 1 Brooklyn, NY 11211**. Only send one application per development. Do not submit duplicate applications. Do not apply online and also send in a paper application. Applicants who submit more than one application may be disqualified.

#### When is the Deadline?

Applications must be postmarked or submitted online no later than **December 31, 2018**. Late applications will not be considered.

#### What Happens After You Submit an Application?

After the deadline, applications are selected for review through a lottery process. If yours is selected and you appear to qualify, you will be invited to an appointment of eligibility to continue the process of determining your eligibility. Appointments are usually scheduled from 2 to 10 months after the application deadline. You will be asked to bring documents that verify your household size, identity of members of your household, and your household income.

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**简体中文** 访问 [nyc.gov/housingconnect](http://nyc.gov/housingconnect) 在线申请。如要获取本广告及书面申请表的简体中文版，请将您的回邮信封寄至：**Bushwick and Evergreen Apt, c/o Reside New York, 381 South 5th Street, Unit 1 Brooklyn, NY 11211**。信封背面请用英语注明 "CHINESE"。必须在以下日期之前在线提交申请或邮寄书面申请2018年12月31日。

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Mayor Bill de Blasio • HPD Commissioner Maria Torres-Springer



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The Thanksgiving spread from Made Nice is sure to impress.

PROVIDED

## Thanksgiving, without the work

Be grateful for these restaurants for taking care of making Thanksgiving dinner.



EVA KIS  
eva.kis@metro.us

### Blue Smoke

Get a barbecue-style Thanksgiving from Blue Smoke. They've got packages for parties of four (\$125) or 10 (\$275) with smoked turkey, gravy, cornbread stuffing, mashed potatoes, green beans, cranberry chutney, biscuits and a choice of pie (apple, pecan, sweet potato). You can also get the four-person package for \$169 delivered anywhere in the U.S. through Goldbelly. Order by Nov. 20 at 6 p.m. by calling 212-447-7733, [bluesmoke.com](http://bluesmoke.com)

### City Acres Market

New York's home-grown grocery/restaurant City Acres Market is cooking up classic Thanksgiving dinners for \$229 (8-10) or \$359 (10-14) that include a cooked turkey, gravy, cranberry relish, butternut squash soup or corn chowder, vegetable or meat stuffing, steamed or grilled vegetables, mashed Idaho or sweet potatoes and choice of pie (apple, pecan, pumpkin). Slightly varied packages are also available if you'd prefer a London broil, ham or brisket instead of turkey. All of the sides are also available individually, plus additional options. Orders must be placed three days in advance, catering@cityacresmarket.com

### Good Enough to Eat

Customize your all-American Thanksgiving from longtime Upper West Side homestyle restaurant Good Enough to Eat. The a la carte menu includes herb-roasted turkey (\$12.50/lb) and sides from gravy (\$7.25/pint) to choice of stuffings (\$12-\$14.50/lb) mashed Idaho potatoes or maple sweet potatoes (\$9.25/lb), roasted Brussels sprouts, string beans, or peas and carrots with dill (\$12/lb) and various desserts. Order by Nov. 18 for turkeys, Nov. 20 for the rest, 212-496-0163, [goodenoughtoeat.com](http://goodenoughtoeat.com)

### Dig Inn

Get a seasonal spread from Dig Inn. "Digsgiving"'s main event is a \$175 package for 8-10 people that includes roasted turkey breast brined in juniper berries, fennel and thyme with gravy, cranberry compote, charred Brussels sprouts, roasted sweet potatoes and cornbread, or order any of these items a la carte. Order at least 24 hours in advance, [digsgiving.catering](http://digsgiving.catering)

### Bklyn Larder

Park Slope's specialty grocer Bklyn Larder will cater an a la carte Thanksgiving with pasture-raised turkey either whole for 8-10 (\$150) or as a roll with herb stuffing (\$45 for 2-3, \$90 for 4-6), plus stuffing by the slice (\$7), giblet gravy (\$15/pint), cranberry sauce (\$15/pint), butternut squash soup (\$17/quart), green beans (\$21), Brussels sprouts with squash (\$29), balsamic parsnips with comte cheese (\$29), olive oil crushed potatoes

(\$24), hominy cauliflower gratin (\$9/slice) and pies (\$35-\$48). Order by Nov. 14 (rush fee afterward) at 718-783-1250 or [catering@bklynlarder.com](mailto:catering@bklynlarder.com)

### Peck's

Clinton Hill gourmet grocer Peck's continues the family recipes of dearly departed Jewish deli Ratner's while creating new homestyle favorites. Get an organic, pasture-raised turkey (uncooked) for \$8.5/lb and an entire tableful of sides portioned for 2-3 people like cranberry-orange sauce (\$12), mashed potatoes (\$16), green bean casserole (\$16) and more. For a sweet twist on a favorite, spring for their mini maple biscuits (\$12 per half-dozen). And if you find yourself in need of last-minute essentials, Peck's will be open on Thanksgiving from 7:30 a.m. until noon. Call 347-689-4969 and ask for Kyle or Theo, or [info@pecksfood.com](mailto:info@pecksfood.com)

### Made Nice

That's right, you can get Thanksgiving dinner made with recipes by the chefs behind the World's Best Restaurant. Eleven Madison Park's fast-casual sister Made Nice is offering Thanksgiving dinner packages for four (\$160), eight (\$320) or 10 (\$395) with all the classics: roasted turkey, gravy, stuffing, mashed potatoes, roasted autumn vegetables, green bean casserole and cranberry chutney. Add-ons like pies, soup and garlic rolls are also available. Pick up on Nov. 21 (cold) or Nov. 22 (ready to serve), [info@madenicenyc.com](mailto:info@madenicenyc.com)



# Doctors Urge Knee Pain Sufferers

## “Don’t Get ANY Surgery Until You See This...”

*After Years Of Intense Study, NYC Medical Clinic Finally Reveals It’s Best “Treatment Formula” For Helping Knee Arthritis Sufferers... Especially When So Many Other Treatments Have Failed*

**NEW YORK CITY** - If you are even remotely interested in discovering how the latest scientific discoveries can possibly help your knee pain... then this is going to be the most exciting information you ever read.

**Here is why:** Knee pain can not only be brutal... it’s complex. In other words, it’s not a simple, easy fix.

But I’m sure you already know that. Or you wouldn’t be reading this.

**That’s the bad news.**

**Now for some good news...**

Over the years, *NYC Pain MD* has treated countless knee pain sufferers. And in that time have been able to constantly improve.

And we have come up with a treatment formula that we have found works best and helps the most patients.

This formula has reduced or even eliminated the pain in many. Some were scheduled for knee replacement surgery and felt good enough to cancel their surgery.

It’s amazing when patients who were once in excruciating pain... start feeling better. And start walking again. And playing golf. Or tennis. And finally getting their lives back.

Especially when they had gone to other doctors and tried so many other things.

So many had given up hope.

Sound familiar? If it does... check this out...

### **The Treatment Formula**

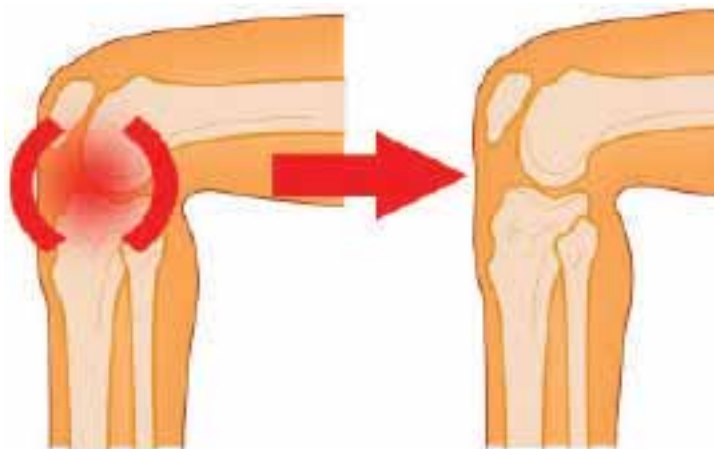
While I can’t give you the entire treatment formula here (there is not enough space and WAY too complicated ) I can give you the basics. And more important... I can tell you what it might be able to do for YOU.

The first and most important part of the formula is: **PATIENT SELECTION.**

This means, *NYC Pain MD* has a detailed screening process to tell who is most likely to be helped by their treatments... and who is not.

If you qualify, you have the opportunity to move forward and experience the worldclass treatments that *NYC Pain MD* offers.

If you do not, *NYC Pain MD* will tell you what they think your best options are and help



*NYC Pain MD* “**Treatment Formula**” A protocol of advanced medical treatments that has already helped thousands.

you find the right doctor for you.

If you qualify, *NYC Pain MD* offers some of the most advanced medical treatments available today all using the most advanced imaging technology including:

- Viscosupplementation (gel injections)
- Platelet Rich Plasma (PRP)
- Stem Cell Therapy (Lipogems)
- Genicular Knee Block
- And more.

Once again, there is not enough space to go into detail about all these procedures... but here are some things you **MUST KNOW...**

Viscosupplementation is where a doctor introduces a gel-like medicine directly into the joint space. This helps to lubricate the joints often relieving some, most or even all of your pain. Results can last for 6 months to several years.

Many have had these treatments *without* good results. However, *NYC Pain MD* feels this is because doctors often do these “gel injections” without advanced imaging to guide them. Research shows they will often miss the joint. If the joint is missed... it is impossible for the treatment to work.

*NYC Pain MD* has spared no expense and used advanced imaging to guide the injections assuring the medicine gets into the joint. We frequently get results when this treatment was a failure done elsewhere.

**The second thing you must know is...** our treatment plans are custom made for every patient. And we have all these treatments

offered in the same place. Many times you will get the best results from multiple treatments. At *NYC Pain MD* your doctors will all be there and will all know each other and you and your case. They work together and give you the best treatments and care without you having to go anywhere else.

The ability to select the right patients and then have the potential to give them any or all of these treatments... with all the necessary medical technology... under one roof... has allowed *NYC Pain MD* to get better results than they thought possible.

### **Here’s What You Should Do Next**

If you suffer with knee pain... and any of this made sense to you... *NYC Pain MD* would like to offer you a No-cost screening. That screening is the first step in our “Treatment Formula.”

You will get to see a doctor and ask any questions you have. Your doctor will take the first steps to see if you qualify for treatments and give you recommendations.

**The best thing is...** you will finally get direction. You will know what’s going on and what is your best course of action... step-by-step. The treatments will be explained in detail and you will breathe a big sigh of relief finally knowing what’s going on and what can or cannot be done.

There is so much we want to say to help you... but I’m out of space. Give us a call at **877-296-6310** and take the first step. That step is free without obligation.



**www.PainMDNY.com**  
**877-296-6310**



Pat King  
Grumble Editor

#### PACKAGE THIEVES

With the holiday season just around the corner, I want to send out this heartfelt plea to all of those out there who think it is okay to steal packages that aren't theirs: Please don't. It seems to happen every year.

I'll have ordered Christmas gifts online for my friends and family to save time and money, only to find they have been lifted by someone before I am able to pick

them up from my lobby when I get home from work. Every time the package is stolen, the same thing runs through my mind: How did the person know they would

like whatever was inside the box? What if it was just a tightly packed bundle of Nickelback CDs? Congratulations! But for real, what good is stealing a package

if you have no idea what it is? It only works if it was gifted to you by someone else — and that's the whole point! So please, don't steal packages that are not yours.

Tell us what  
you think!



@metro  
newyork

#### READER WRITE-INS:

**MEN WHO PUSH AND SHOVE OLDER WOMEN ASIDE ON SUBWAY PLATFORMS AND WHEN ENTERING THE TRAINS!**

Why?! Are we invisible? Did we just become their punching bags? There needs to be a Wall of Shame where we can post their pictures so everyone will know who they are. This is elder abuse. It is criminal. It is dangerous.

— Mary P., Metro US reader

**VENT TO US!**  
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The winning caption from Rebecca Jones, Metro US reader



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**Aries** Money, health and legal matters should be your prime concern. A partnership will help you bring about positive changes and a new beginning. Romance will enhance your life.



**Taurus** Look at what others are doing and consider what's in your best interest. You don't have to give in to the majority. Set your own pace and follow the most suitable path.



**Gemini** Don't get angry when you can get busy. Your accomplishments will be what separate you from the competition. Dig in and make a name for yourself, everything else will fall into place.



**Cancer** It's OK to go against the grain. Follow the path that intrigues you and learn something new. Do your own thing and give others the freedom to do so as well.



**Leo** Expand your interests and circle of friends. Dealing with children or making changes at home or to your workspace will give you a new lease on life.



**Virgo** Set a budget, a standard and a time limit, and then proceed. Preparation will make the difference when it comes to accomplishing what you set out to do.



**Libra** Live in the moment and learn all you can. Don't let anyone stifle your plans or stand in your way. Focus on whatever inspires you and work on positive physical change.



**Scorpio** Focus on fitness, health and personal growth. Being happy with who you are and where you are headed will make a huge difference to the outcome of an emotional matter.



**Sagittarius** Be open to suggestions and keep conversations amicable. If you overreact or share information that you were supposed to keep secret, you'll end up in an emotional squabble.



**Capricorn** Putting pressure on someone isn't likely to help. Rethink your approach and consider lending a helping hand. How you handle others will reflect on your leadership potential.



**Aquarius** You don't have to convince anyone of anything. Make a point to do your own thing and look out for your interests. A physical change will lift your spirits.



**Pisces** Keep your eye on what's important to you, not on what someone else is doing or saying. Trust in yourself and what you know to be the truth. Don't give in to bad habits. EUGENIA LAST





# NY UROLOGY

Better technology. Better care.

## Your Health is in Good Hands



After years of surgical and medical training and experience with kidney stones, we understand how to work with patients to ensure they receive the best care possible. Our thoughtful and personalized approach combined with the best technology makes us the Top Kidney Stone Center in the New York.

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The Medical Director of urology is **David Shusterman, MD**. Dr. Shusterman is a board certified urologist who specializes in state of the art compassionate kidney stone treatment.

## Safe, effective ways to treat kidney stones

Anyone who has ever suffered from kidney stones knows just how painful it can be. It's little wonder that more than half a million people go to the emergency room for kidney stone problems every year, according to the National Kidney Foundation.

So what are kidney stones? They're essentially hard mineral deposits that form inside the kidneys. When the fluid in urine is unable to break them down, they'll pass through the ureter and bladder—which is generally a painful process. There's a wealth of anecdotal reports likening kidney stone pain to that of childbirth. The truth is that no two cases are alike, but early diagnosis is critical when it comes to getting ahead of it. Many times, this comes down to understanding the specific risk factors that might make you more likely to develop kidney stones. Family history, frequent dehydration, certain dietary issues, and obesity are all on the list. Board Certified Urologist Dr. David Shusterman of NY Urology takes a proactive approach. Thanks to a mix of preventative medicine and some simple lifestyle changes, you may be able to prevent kidney stones before they ever develop.

If a kidney stone is already in motion, Dr. Shusterman's expert team can quickly identify it using ultrasound imaging, then get things moving with innovative treatment options that have made NY Urology a nationally recognized leader in the field. He leads with holistic medicine with the goal being to break down kidney stones so that they can pass as naturally and easily as possible. NY Urology provides a cutting-edge, noninvasive treatment called extracorporeal shock wave lithotripsy (ESWL), which relies on sound waves to break apart the stones via focused vibrations.

The in-office procedure is completely safe, and recovery is typically pretty swift.

Another option is placing something called a nephrostomy tube into the kidneys. This plastic catheter essentially lets urine drain directly from the kidneys during the treatment process. The result is near-immediate pain relief because you're eliminating backed-up urine and helping things flow more easily. A ureteral stent works in much the same way, bolstering the body's ability to drain urine and, in turn, safely encouraging the natural healing process. The soft plastic stent is temporarily placed directly into the ureter to help urine flow more freely. When ureters are blocked up by kidney stones, pain and discomfort are on the horizon. Stents open these passages.

When all else fails, NY Urology also specializes in minimally invasive surgery using a device called a ureteroscopy to eliminate painful, stubborn kidney stones. Making its way through the urethra and bladder, and into the ureter, the device zeros in on the kidney stone and swiftly removes it. The best part is that it's a fairly straightforward outpatient procedure that requires no incisions. In extreme situations where the stone is too large to remove with a ureteroscopy, Dr. Shusterman may call on a more in-depth procedure that involves a small incision in the back. The upside here is that the success rate is high, helping patients safely get rid of large kidney stones in one fell swoop.

Whether you're looking to prevent kidney stones or address one that's already wreaking havoc, NY Urology is your best resource. Book an appointment today with Dr. Shusterman, located at *800 Second Avenue on the corner of 42nd Street*. Call **(212) 991-9991** and start mapping out a plan for living a pain-free life without kidney stones.

## LIFESTYLE

# Steve McQueen on going mainstream and never, ever dumbing things down

The director used The Beatles and "The Godfather" to raise his game with "Widows."



GREGORY WAKEMAN  
Gregory.Wakeman@metro.us

The power and intelligence of Steve McQueen reverberates throughout all of his films.

Not only does he have the confidence and audacity to take on striking subject matters like hunger strikes ("Hunger"), sex addiction ("Shame") and slavery ("12 Years a Slave"), but he imbues these films and stories with a complexity, intellect and benevolence that leaves them swirling in your mind for weeks and months after.

With "Widows," McQueen has taken these skills to mainstream cinema. But during a recent discussion with Metro regarding the thriller, which revolves around a group of women attempting a heist to pay back a crime boss their criminal husbands died robbing, the English director insisted he wants a larger audience he will never ever dumb down for one.

Instead he wants



"Widows" hits the big screen this weekend. MERRICK MORTON / TWENTIETH CENTURY FOX

viewers to be so enthralled by "Widows" that they're also subtly educated, too.

"I wanted to reach a larger, broader audience, definitely," McQueen insists. "The reason I wanted to do that is because I don't think you can have change without reaching the masses. It's impossible."

"Think of the Beatles as an example. Making music, which started with 'She Loves You,' ended up with 'I Am the Walrus' via 'Strawberry Fields.' They brought the general public with them," he adds. "It is important to communi-

cate and put the spotlight on the environment we are living in. Change can only come from the general board of public. Not a niche group. But you need to keep that sort of niche group support while reaching out."

All of this is "very important" to McQueen as an artist.

"Again, with the Beatles, they used just, what, eight or 12 notes, and they reached the world. That's all you want to do as an artist," says McQueen. "I want to engage but not lower my standards or dumb down. Quite the contrary. You want to raise your

game so that you can talk about things that are around us."

"With 'Widows,' I wanted to talk about corruption, religion, politics, race, gender, policing, all of these issues," he adds. "One can do it in a way that can engage people."

The Beatles weren't the only lofty benchmark for McQueen's work on "Widows." He also had "The Godfather"

in mind when it came to his efforts to mix art with blockbuster.

"Look at 'The Godfather.' Anyone and everyone can look at that picture and take something from it. From the so called high brow to the so called low brow. Everyone can engage with that film," says McQueen. "The most popular film of 1972 was 'The Godfather.' The most popular film of 1974 was 'Chinatown.' That was it. It wasn't a case of art house and commercial. It was a case of great films."

"That's how I judge any film. I don't care if it is Wong Kar Wai, Mi-

chael Mann, Francois Truffaut, Steven Spielberg or the most commercial director working now," he adds. "I just look at it: Is a good film or bad film?"

But while other directors would instantly be mocked for using the Beatles and "The Godfather" as comparisons, McQueen has such a prestigious talent that it's easy to envision him using their work to enrich his own. At the same time, McQueen was just as eager to explain how deeply "personal" "Widows" and the plight and gaze put upon its female characters, led by Viola Davis and Michelle Rodriguez, was to him as well.

"Because that was what I was going through in the early '80s as a child. When I saw 'Widows' [the English television show the film is based upon] in 1983, I had that relationship with them," says McQueen. "These women were being deemed incapable, only being judged by their appearance, which was how the gaze was being put on me. I loved their journey and trajectory, and how they turned these stereotypes and ideas on their heads."

"Widows" opens in theaters Nov. 16.



Steve McQueen  
GETTY IMAGES

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# The Powerful ( and little known) Back Pain Treatment Used By Smart New Yorkers Who Don't Want Back Surgery or Opioid Drugs

**NEW YORK CITY** - A major back pain relief opportunity is at hand. But if you are interested, you must act quickly.

**Here is why:** Back pain ruins lives... and puzzles doctors.

You go through so many exams and tests... and treatments... and only end up suffering and frustrated.

And everyone is quick to say they have the "new breakthrough solution."

Am I right?

Well, the fact of the matter is... treating back pain is difficult. But advances in modern medical science and technology have created a treatment that has gotten great results with countless back pain sufferers who had tried everything else. Many had given up hope.

**This treatment is called:**

"Radiofrequency Neurotomy." RF for short. And here's how it works...

RF is a procedure that is based on the theory that blocking the nerve supply to the painful area may alleviate pain and restore function.

There are many nerves around your back or neck and one of their jobs is to sense PAIN.

Radiofrequency waves delivered to these nerves under advanced precision medical imaging to target the damaged areas... done right in their own clinic without intimidating, expensive hospitals or surgical centers ... to "block" the painful nerve flow.

**Two steps in the formula are performed.** First, a test or diagnostic "Block" procedure is done to determine if the procedure is going to decrease pain and improve function. If this first "test" procedure is successful, RF Neurotomy or "Radiofrequency" will be performed for longer term relief.

NOT just the Treatment alone that's the key ingredient.

*You see, the real secret is the formula.* And that again starts with a proper screening evaluation to determine if you are a good candidate and may achieve the results you are looking forward to. This is always Step number one.

**And the best part about this screening is... It's FREE**



## FREE screening available for powerful back pain treatment

This screening will give you so much relief just knowing what is going on... and what your best options are.

That's right. *NYC Pain MD* offers this first step screening at no cost to patients. The only problem is... they often get over 100 inquiries a day as they also treat almost every painful area and joint. Sometimes it's hard to get through. If you don't get through to someone when you call... keep calling... or leave a message... it will be well worth it.

### But that's just the first step

After your free screening, if you qualify, the doctors will discuss the best treatment plan for you in a way that you will understand completely. Not all complex "doctor talk"...

This may be one... or a combination of the advanced medical treatments offered at *NYC Pain MD*.

Everything will be explained and all your questions will be answered. And even better:

You will be given all this At NO COST. *NYC Pain MD* doc's are not like used car salesman. They will not be giving you a sales pitch. They are doctors and will give you the best possible options to help your pain and offer to help you the best way they can. In fact, with up to 100 inquiries a day from patient's looking for relief, it's often hard to even get a treatment spot.

**You should also know this:** While *NYC Pain MD* cannot help everyone...

so many have gotten the pain relief they were looking for.

One of the reasons they offer those first step free screenings, is because it has opened the door to so many people to get help that they never would have otherwise.

At the very least, you will finally have some direction and a plan. And... whether you have the best, worst or no insurance at all, *NYC Pain MD* programs can be made affordable to everyone.

They do not want insurance issues... or not being rich or famous... to keep you away if you are suffering in pain.

### How To Schedule Your Risk-Free No-Obligation Screening Evaluation

There is a whole lot more I could say about their treatments etc... but this space is limited and that's best left for you and the doctors to discuss in person.

So... if you are even remotely interested ... take the first step and give them a call at **877-245-9252** and ask for your free screening.

One more thing... We often get over 100 calls in a single day. For that reason, if when you call you do not get a live scheduling coordinator, make sure to leave your name, number and time of your call on our voicemail. They will get back to you as soon as possible. Again, the number to call is **877-245-9252**. More info at: [painmdny.com/back-pain](http://painmdny.com/back-pain)

# Ezra Miller talks 'Fantastic Beasts' and the magic of J.K. Rowling



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The actor returns as  
Credence Barebone  
in "The Crimes of  
Grindelwald."



GREGORY WAKEMAN  
Gregory.Wakeman@metro.us

Those in charge at Warner Brothers are clearly quite fond of Ezra Miller.

Not only does he have a prominent role in the "Fantastic Beasts" franchise as Credence Barebone, which he reprises in "The Crimes of Grindelwald," but as Barry Allen, a.k.a. The Flash, he is regarded by many as the best thing about the studio's struggling DC Extended Universe.

Miller clearly feels the same way about the studio. He made that perfectly clear to Metro during a recent discussion regarding "Fantastic Beasts: The Crimes of Grindelwald," poetically insisting, "I ride or die with the Bros."

After we pointed out that Warner Bros. feels like the perfect home for Miller to populate mainstream films with his unique take on characters, he continued, "I really identify with what you're observing."

"At this point in studio history, they are holding a very certain torch and raising a new one in addition to it," says Miller. "Which has to do with a real care for artistry in the midst of being a behemoth of a studio."

"What I have found there is a family of in-

credibly sweet people and not just a faceless machine that doesn't care," he adds. "That surprised me in pleasant and amazing ways. It continues to do so."

Miller only sees his relationship with Warner Brothers growing stronger in the future, too, as he believes the studio will be at the forefront of what he is calling "the first actual golden age of cinema."

"A time when all of the resources of the mainstream are put into artistic work that is as beautiful as the work of the original golden age," Miller explains. "But isn't bigoted, racist, sexist, horrific works of propaganda against other cultures."

For the time being, though, Miller's



Ezra Miller is living out a childhood dream by working with J.K. Rowling.





Ezra Miller is back as the troubled Credence Barebone.



Katherine Waterston's Tina Goldstein and Eddie Redmayne's Newt Scamander are back in action. ALL PHOTOS WARNER BROS. PICTURES

thoughts are on "Fantastic Beasts: The Crimes of Grindelwald." Set in Paris in the 1930s, the second installment to the "Harry Potter" prequel series expands the ensemble with a whole host of characters.

On the bad side, the secretive Credence grows closer to Johnny Depp's dark wizard, while Jude Law's Albus Dumbledore works with Eddie Redmayne's Newt Scamander as their opponents. While the world of the franchise grows, Miller insists that it still delivers everything you'd expect from a Harry Potter movie.

"If you're a Harry Potter fan, you'll bug out when you see this movie, essentially," says Miller. "I think it is as heavy a hit that brings together the Potterverse, the universe of its esoteric wisdom and world, history, current events, laughs, ideas and everything you want."

**"At this point in studio history, they are holding a very certain torch and raising a new one in addition to it."**

Miller is clearly living his best life, which becomes even more obvious with the mere mention of J.K. Rowling, a childhood idol that he can't believe is now a colleague.

"I trust her so completely because she is my favorite of all time. I trust her so much to tell me the stuff I need to know,

when I need to know, and keep things a secret from me," says Miller. "She's meticulous with the script. They do an incredibly long cycle of work on it. Her and David going through drafts of the script, thinking how it is going to happen."

"She comes by and just makes us feel so fricking good," he adds. "She blesses the room. She is perfect. All we want is to do exactly what she wants. And we want her to continue to be a prolific monster of fascinating, subversive, thoughtful fiction."

"*Fantastic Beasts: The Crimes of Grindelwald*" opens in theaters Nov. 16.



Johnny Depp as Grindelwald.

Return to Hogwarts with the "Fantastic Beasts" sequel.

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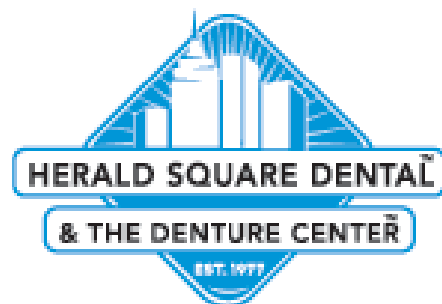
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# Where to have *Thanksgiving* dinner

Instead of spending all day cooking, let one of these restaurants do the work and just enjoy some quality time with family and friends.

EVA KIS  
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## For the fall ambiance: Harold's

The Arlo SoHo Hotel has gone all-out for fall, turning its courtyard into an orchard with pick-your-own apples, hay bales and cornstalks for all your last-minute essential fall photo ops. Once you've worked up an appetite, head inside for a family-style Thanksgiving feast in the warm setting of Harold's that includes everything you can think of, with a choice of roast turkey, Italian sausage or ham steak served with green bean casserole, mashed potatoes, sweet potato mousseline with toasted marshmallows and more. For dessert, there's pie and also apple cobbler and a cranberry cheesecake. 2 Renwick St., [info@haroldsmeatandthree.com](mailto:info@haroldsmeatandthree.com) or 212-390-8484

## For an Italian twist: Leuca

There are a lot of reasons to love the William Vale Hotel, but Andrew Carmellini's tribute to coastal Italy, Leuca, is all elegant and warm decor, with modern dishes meant for sharing. The four-course Thanksgiving dinner includes antipasti like smoked beets and tuna crudo, mains of organic roast turkey with cranberry mostarda with squash cappelletti, and a sweet finish of apple crostata or spiced cranberry sorbetto. End your evening with a drink at rooftop bar Westlight with panoramic views of Manhattan. \$95, 11:30 a.m.-10 p.m., 111 N. 12th St., [leuca.com](http://leuca.com)

## For a taste of warmer climes: Akrotiri

Feel like you've escaped to the Greek seaside at Akrotiri, Astoria's breezy and bright new addition. Chef Nicholas Poulmentis has crafted a three-course Mediterranean Thanksgiving meal that can be as traditional or alternative as you like. Options include a roasted butternut bisque, turkey with



Fall photo ops at Harold's.



Roasted beets at Atrium Dumbo.

butter milk mashed potatoes, grilled salmon with corn hash, and baklava or pumpkin pie for dessert. \$49, 29-20 30th Ave., Queens, [akrotiritaverna.com](http://akrotiritaverna.com)

## For a favorite that's new again: Atrium Dumbo

After five years in its prime spot on the Brooklyn waterfront, Atrium Dumbo just underwent a facelift

and menu makeover. Expect the same French techniques applied to the best of what's in season at New York markets, but in a more modern atmosphere. For Thanksgiving, chef Laurent Kalkotour's three-course menu is a rich and flavorful exploration of fall's bounty with dishes like truffle honey-roasted pumpkin salad, stuffed turkey legs, John Dory with parsnip mousseline and warm pecan pie with spiced crème fraîche and salted maple butter. 15 Main St., Brooklyn, \$80, [atriumdumbo.com](http://atriumdumbo.com)

## For the football lovers: TGA NYC

The Macy's parade and eating are not the only activities happening on Thanksgiving Day, as football fans know. Keep an eye on the game without feeling like you've compromised the integrity of the holiday at TGA, a luxury restaurant, bar and lounge with plenty of flat-screen TVs. The special prix-fixe menu for Thanksgiving is four courses, including baked herb-crusted turkey with homemade stuffing, garlic mashed potatoes, grilled corn on the cob and a choice of seasonal favorites for dessert — or go classic with chocolate cake. \$50, 320 W. 36th St., 212-651-4842

## For the cocktail lovers: Dante

Named the ninth-best bar in the world earlier this year, Dante is a sophisticated but welcoming destination in the West Village. Thanksgiving brings an Italian-Australian feast that includes your choice of festive beverage: a famous Negroni on tap, Champagne or hot mulled wine. Start with your choice of salad or shrimp cocktail, then either go classic

with roast turkey or the agave-apple cider ham, or fettuccine with mushrooms for the vegetarians. A range of sides include collard greens with smoked bacon and truffle mac and cheese. End with dessert, including sticky pumpkin pudding or boozy eggnog. \$75, 2-10 p.m., 79-81 Macdougal St., Resy or 212-982-5275, [dante-nyc.com](http://dante-nyc.com)

## For a seat at the top of the city: The View

The city's only revolving rooftop restaurant, The View at the New York Marriott Marquis offers a surprisingly affordable spread for total Thanksgiving indulgence for all the senses. Their Thanksgiving buffet includes a range of charcuterie, seasonal salads and lobster mojito shooters (why not), a carving station with roasted turkey breast with cranberry chutney and giblet gravy, mushroom ravioli and a range of desserts including pumpkin cheesecake and apple strudel. \$98, noon-8 p.m., 1535 Broadway, 212-704-8900, [theviewnyc.com](http://theviewnyc.com)

Find even more Thanksgiving reservation recommendations at [metro.us](http://metro.us).



## YOUR WEEKEND STARTS NOW

## Ditch that bad habit

Whether it's your boyfriend, dentist or religion, the brand-new "My Best Break-Up" podcast, hosted by comedian/author Maeve Higgins, is all about people who have changed their lives for the better by ditching a toxic habit. Watch a live taping this Thursday with writer/educator Ashley C. Ford and former nun Kelli Dunham, and heartbreak-song covers by Jen Kwok, and learn how the best beginnings can start with an ending.

Nov. 15, 7 p.m., Jerome L. Greene Space at WNYC, 44 Charlton St., \$20, thegreene-space.org

## It's beginning to look a lot like Christmas

It's been a big year for Grand Central Station, where the holidays are already in effect with its annual pop-up market of upscale gifts and stocking stuffers in Vanderbilt Hall. This Thursday, swing by the New York Transit Museum's shop inside the terminal for its traditional (and free!) holiday train show: a two-story scene with 34 feet of track leading from the train station all the way to the North Pole. Nov. 15-Feb. 3, 2019, free, grandcentralterminal.com

## Take a fantastic voyage

Terrence Malick ("Tree of Life") is known for his expansive visions of the world, but "Voyage of Time" takes it to a new level. The decades-in-the-making dream project is a love letter to the wonders of life, from the



## The dark side of 'Obsession'

At a certain point in the '90s, you probably owned a piece of clothing with a gigantic Calvin Klein logo on it. Somehow, those same items are trendy again, which is as good a reason as any to mount a satirical play about the famous designer's wild life. From the creative mind of Ryan Raftery, who also brought us the Anna Wintour and Martha Stewart musicals, "The Obsession of Calvin Klein" is a biography with a heavy dash of "Black Swan" and featuring a soundtrack of reworked pop hits from the past four decades.

Nov. 16, 9:30 p.m., Joe's Pub, 425 Lafayette St., \$35+, publictheater.org

GETTY IMAGES

Big Bang to the constant creation going on here on Earth. British actress Lily James ("Baby Driver") provides live narration to the "ecstatic images," which are also accompanied by a live score by the Wordless Music Orchestra and Chorus. Nov. 16-17, \$35 and up, bam.org

## Meet Al Capone in Coney Island

The unofficial mayor of Coney Island, Dick Zigun, has done it again, writing another action-packed play featuring one of history's most notorious gangsters. "The Education of Al Capone, As If Told by Jimmy Durante" imagines the Chicago mob boss as an 18-year-old honing his "skills" at a Coney dive bar. Funny but also crass (it's set in 1918) and violent, audiences should be prepared for weaponized pasta and sexual

situations. Nov. 16-18 and 23-25, Coney Island USA, 1208 Surf Ave., \$20, coneyisland.com

## Shop locally grown crafters and artists

Looking for a totally one-of-a-kind gift? Stop by the School of Visual Arts' Makers Market this weekend, exclusively featuring products handmade by new graduates and alumni. This is no ordinary holiday market — you'll find Gothic and fossil jewelry by Fire & Bone, pop-culture portraits by Mike Brennan and modernist ceramics by Shy. Nov. 17, 11 a.m.-5 p.m., Metropolitan Pavilion, 123 W. 18th St., second floor, free, sva.edu

## Add some cuteness to your weekend

The Javits Center is going to the dogs — and cats, birds,

guinea pigs and all our other four-legged friends for PetCon, two days of panels, activities and (for VIPs) meet-and-greets with Instagram-celebrity pets including Tuna Melts My Heart and Reagandoodle. Bring your own furry BFF to browse the booths and see if anything catches their eye, or cuddle up with adoptable pups in the dog garden and cat cafe. Nov. 17-18,

9 a.m.-6 p.m., 655 W. 34th St., \$75-\$325, petcon.co

## Just in time for the cold weather: chili!

Because it's officially puffer-coat and knit-hat season — with possible snow on the way this weekend! — it's time to enrich your diet. Start at the Brooklyn Chili Takedown, where

more than 20 home cooks vie for the glory of knowing they've pleased one of the toughest food crowds in the world. Your ticket includes unlimited samples until they're gone. Nov. 18, 5:30-7:30 p.m., Murmr Ballroom, 17 Eastern Parkway, Brooklyn, \$25, thetakedown.com

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## TRAVEL



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# Take a break from the cold in sunny *South Florida*

Here are some great things to do in West Palm Beach, Delray Beach and Fort Lauderdale.



PAT KING  
patrick.king@metro.us

With the holidays just around the corner, now is the perfect time to plan your escape from the bitter cold of the Northeast. With its vibrant restaurant scene, hip nightlife, historic architecture and pristine beaches, South Florida is the perfect destination for you and your family this winter.

## West Palm Beach

When you think of glamorous spots to visit in Florida, chances are West Palm Beach comes to mind. The city has been celebrated for both its dedication to keeping the historical charm of its architecture while also pushing the cultural forefront with its exceptional

restaurants and trendy art galleries and nightclubs. This strong sense of historical identity and willingness to look to the future is what makes West Palm Beach, and its neighboring cities Delray Beach and Fort Lauderdale, the perfect destinations while traveling to the Sunshine State.

## Delray Beach

With more than 300 restaurants, hip art galleries, clothing and antique boutiques, Atlantic Avenue in Delray Beach has everything you could possibly be looking for. Nicknamed "A Village by the Sea," the city's dedication to revitalization has drawn national acclaim, winning the Centennial Medallion Award, which acknowledges the nation's most significant works of landscape architecture. This award places Delray Beach into a very select group of award winners that includes New York's Central Park and San Francisco's Ghirardelli Square.

For a slice of the



city's artistic side, the historic Delray Beach Center for the Arts is home to the School of Creative Arts and History, the Crest Theatre, a vintage gymnasium, restored classrooms and an outdoor Entertainment Pavilion that hosts exhibits, theater and various learning opportunities. These buildings were saved from demolition by a coalition of local citizens and have been deemed a National Historic Site and Florida Cultural Institution.

Outside of its amazing downtown and arts scenes, visitors can take advantage of walking

tour guides, provided by the Greater Delray Beach Chamber of Commerce, through a number of historical districts. And if a walking guide on land isn't what you're looking for, you can take to the seas for a SCUBA trip 150 yards offshore to explore the 106-year-old submerged ship the S.S. Inchulva. This historic sunken ship rests just 25 feet under the ocean's surface and is a perfect adventure for your inner thrill-seeker.

## Fort Lauderdale

Named after the

military stronghold built during the second Seminole War along the banks of the New River in 1838, Fort Lauderdale has become one of the most popular resort destinations in all of Florida. Once a lush wilderness, the city's population exploded in the 1920s as the number of residents calling it home tripled in just three short years after the building of roads, the addition of a ferry service and a railway extension.

Now, Fort Lauderdale, and the towns surrounding it making up what is known as the

Greater Fort Lauderdale area, attract more than 10 million visitors a year to explore its 300 miles of inland waterways — including the world-famous Everglades — and enjoy its 23 miles of amazing sandy beaches and numerous family-friendly attractions.

Visitors can also enjoy Fort Lauderdale's burgeoning downtown scene with its famous riverfront area, including Las Olas Boulevard, home to some of the best dining, upscale boutique shopping, and sophisticated nightlife options. Along the winding Riverwalk Park you will find some of the city's finest cultural and entertainment centers with the Broward Center for the Performing Arts, the Museum of Discovery and Science, the Fort Lauderdale History Center, and the Museum of Art.

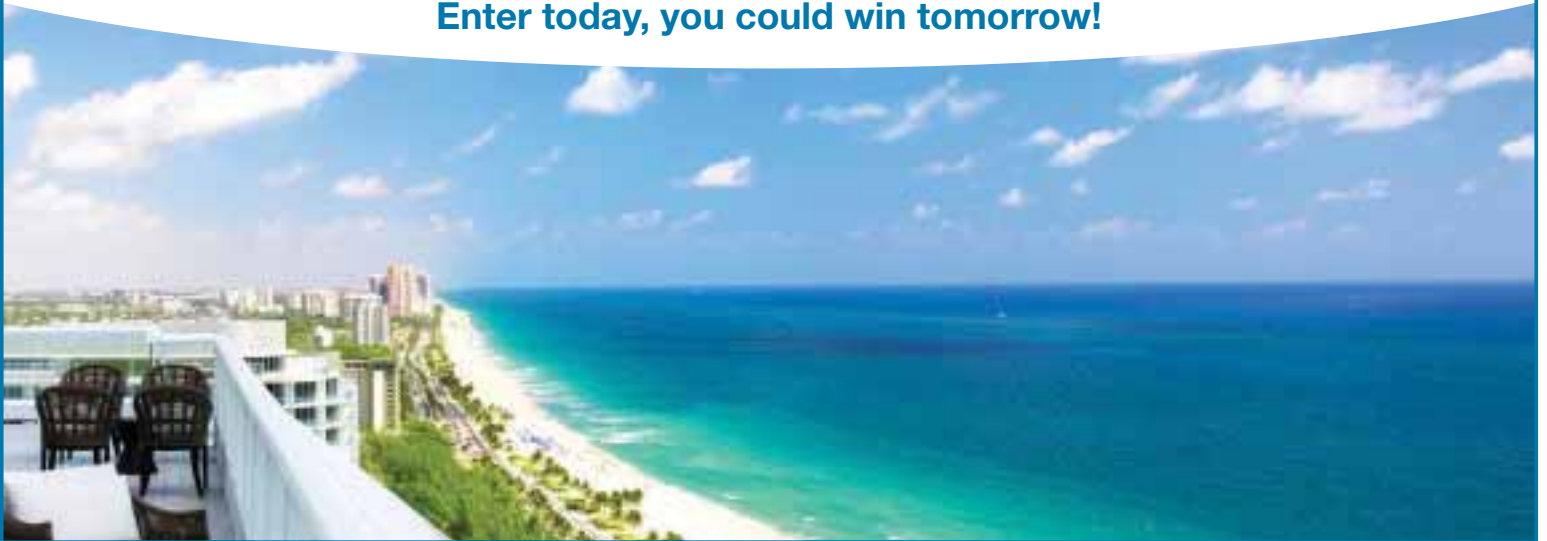
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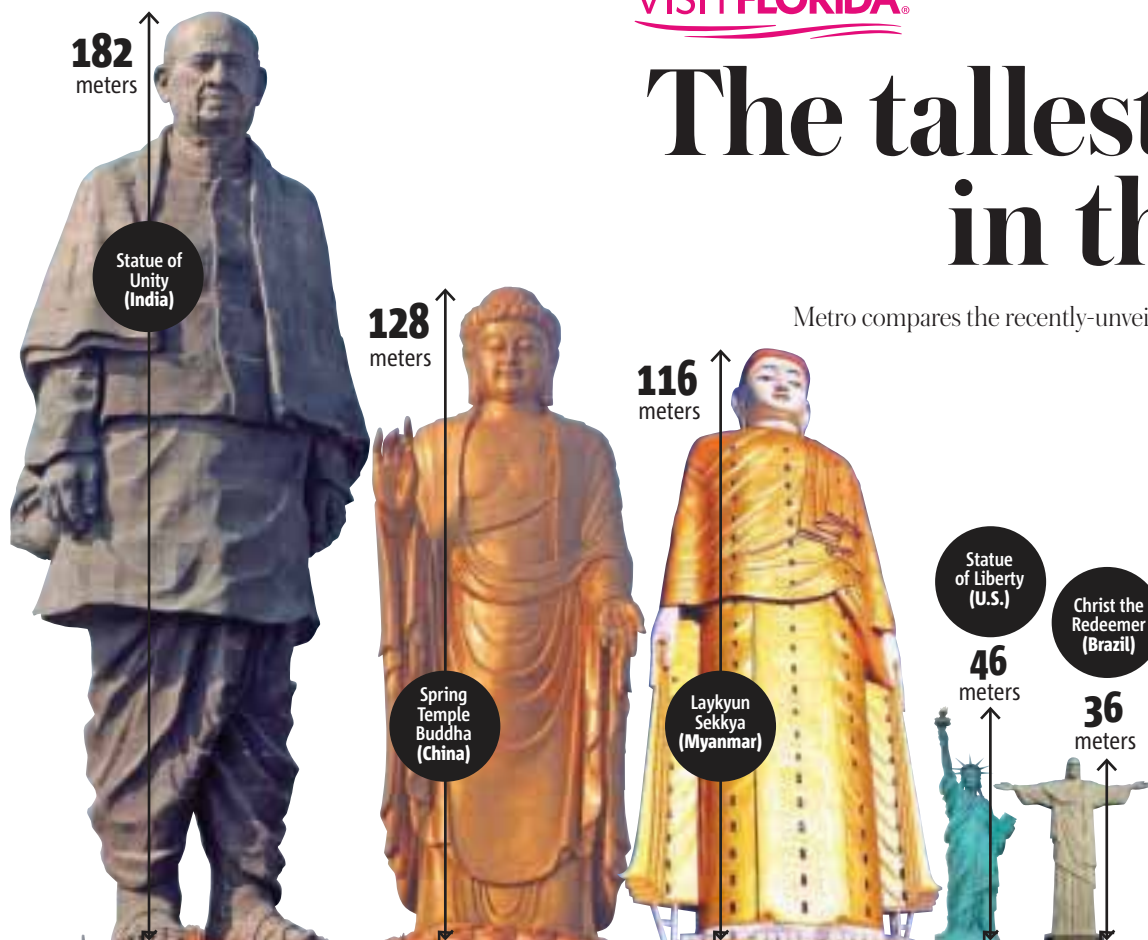
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# The tallest statues in the world

Metro compares the recently-unveiled Indian giant with other statues. **MWN**



Recently, the Statue of Unity was unveiled in India as a tribute to the country's statesman and founding father, Sardar Vallabhbhai Patel.

It is 182 meters tall, making the monument almost five times higher than the Christ the Redeemer statue in Rio de Janeiro, Brazil. It is made of 210 cubic meters of cement, 25,000 tons of steel and 1.7 thousand tons of bronze. The Indian government spent \$400 million on the work, with help from donations made by businessmen and locals. Located near the Narmada River, in the home state of Patel called Gujarat, the monument took five years to complete.

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start season series tonight

Both New York teams have exceeded expectations and sit near the top of the division.



JOE PANTORNO  
joseph.pantorno@metro.us

One of hockey's greatest rivalries resumes tonight (7 p.m. ET) in Brooklyn as the New York Rangers visit the New York Islanders at the Barclays Center.

The first meeting of the 2018-19 season between the two clubs comes under some surprising circumstances as both teams have remained competitive in the Metropolitan Division over the first six weeks of the season.

As of Wednesday night, both teams were tied for second in the division with 19 points.

The Rangers, who tamped expectations this year when management revealed their plans of a rebuild, are one of the hottest teams in hockey. They have won six of their last seven games to quickly erase a slow 3-7-1 start.

The spark for that rebuild, the youth, has played a big role in their recent success as six of their leading nine point getters are 25 years old or



Brett Howden (right) leads the Rangers into Brooklyn to meet Josh Bailey (left) and the Islanders tonight. GETTY IMAGES

younger.

A 2-1 victory over the Vancouver Canucks on Monday saw 19-year-old Filip Chytil open the scoring before 20-year-old Brett Howden delivered the winner with nine minutes to go in the third.

"We don't look at it as a rebuild year," Howden said. "We believe we've got a great team here and we're looking to build this year and be a contending team. We're not looking for three years down the road."

The Islanders are coming off a Tuesday night win over those same Canucks, a 5-2 victory that saw the offense break out to end a three-game

losing streak. That downturn in play resulted in the Islanders losing their top spot in the division after five straight wins from Oct. 27-Nov. 3.

Tuesday night's win was the first time since Oct. 30 that the Islanders had scored more than four goals in a game.

While Mathew Barzal has struggled to find the back of the net, Josh Bailey has proven that he is an elite playmaker with six goals and 12 assists for a team-leading 18 points in 17 games.

Much of their success, though, is due to a much-improved defense that's been backed by stellar goaltending.



Only three teams in the NHL have allowed fewer than the Islanders' 41 goals against as goalie Thomas Greiss is having a remarkable start to his season.

After a career-worst 2017-18 campaign, Greiss has a 1.98 goals against average and a save percentage of .938. Only former Islanders netminder Jaroslav Halak, now with the Boston Bruins, has played in as many games as Greiss and accrued better numbers this year.

In the opposite crease, Rangers goalie Henrik Lundqvist has proven that age isn't slowing him down. At age 36 and in his 14th year in the NHL, he

owns a .923 save percentage and 2.54 goals against average.

A win tonight would see him move past Jacques Plante for seventh on the NHL's all-time wins list with 438.

However, the Islanders have owned this rivalry as of late, winning the last seven contests dating back to 2016.



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# Le'Veon Bell news bodes well for Jets

The next time Bell steps on an NFL field, he will be wearing another team's uniform.



JOE PANTORNO  
joseph.pantorno@metro.us

The Le'Veon Bell watch might be over, but a new one will begin soon enough.

The Pittsburgh Steelers star running back failed to report to the team by 4 p.m. ET on Tuesday afternoon, meaning he will not be playing under a \$14.5 million franchise tag this year.

To put things simply, Bell will be sitting out for the rest of the 2018 season, a year in which he did not suit up once for. His decision will ensure he becomes an unrestricted free agent by season's end, when he will host an expected avalanche of negotiations to get the contract he so badly desires.



Le'Veon Bell could be one of the Jets' top targets in free agency after the 2018 season. GETTY IMAGES

Bell's five-year run in Pittsburgh has come to an end because of those very contract issues, as he looked to secure a long-term, stable deal.

The Steelers offered Bell a deal as large as \$70 million over five years, but the three-time Pro Bowler was looking for a contract that paid him \$17 million per season, according to ESPN's Aditi Kinkhabwala.

An expected split be-

tween the two parties prompted a few teams to reach out to the Steelers to try and work out a trade. It was an avenue the Steelers probably should have taken considering they will now lose Bell for absolutely nothing.

Among those interested teams were the New York Jets, a franchise that is on the cusp of a few more major changes before transforming into legitimate contenders.

The Jets already have a franchise quarterback of the future in place with Sam Darnold and he has shown the potential to meet those expectations. However, his supporting cast has been poor, including head coach Todd Bowles.

Four straight losses, including a Week 10 blowout to the Buffalo Bills, which Darnold had to sit out due to a foot injury, has put Bowles' job

in jeopardy. An impending coaching change that could happen at the end of this season holds the promise of a new, aggressive regime that will address some of the largest problems surrounding Darnold.

For one, a new center is needed as Spencer Long has proven to be another obstacle Darnold has to deal with while under center. But the running game has also become a sudden issue after an injury to Bilal Powell that could have possibly ended his career.

With Isaiah Crowell as the No. 1 back, the Jets have averaged a measly 71 yards per game over their last four outings. They averaged 135 yards (albeit an inconsistent 135) in their first five games of the year.

Continuing their pursuit of Bell would give Darnold a legitimate star to share offensive responsibilities with. Not only can the 26-year-old bring 1,200-plus-yard capabili-

ties to the ground game, but he can become Darnold's favorite security blanket as a receiving option out of the backfield. In three of his last four seasons, he's caught over 75 passes.

The Jets are going to have the money to outbid almost any team that comes inquiring about Bell's services. They have approximately \$90 million freed up next year and should not be stingy when it comes to negotiating a deal with such a star.

Pairing Bell with Darnold would not only bring legitimacy to the hapless Jets, but it could be the first major step in making them a force in the AFC.

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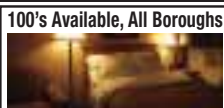
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Dawn Matrochano a/k/a  
Dawn M. Matrochano;  
James Matrochano a/k/a  
James R. Matrochano;  
et al., Defendant(s)  
Pursuant to a Judgment of Foreclosure and Sale duly dated May 22, 2018, the undersigned Referee will sell at public auction at the Queens County Supreme Courthouse, Courtroom #25, 88-11 Sutphin Boulevard, Jamaica, New York on November 30, 2018 at 10:00AM, premises known as 163-46 92nd Street, Howard Beach a/k/a Jamaica, NY 11414. All that certain plot piece or parcel of land, with the buildings and improvements erected, situate, lying and being in the Borough and County of Queens, City and State of NY, Block: 14075 Lot: 77. Approximate amount of judgment \$604,355.07 plus interest and costs. Premises will be sold subject to provisions of filed Judgment Index # 713085/2017. Kerry Katsorhis, Esq., Referee Shapiro, DiCaro & Barak, LLC Attorney(s) for the Plaintiff 175 Mile Crossing Boulevard Rochester, New York 14624 (877) 430-4792 Dated: October 22, 2018

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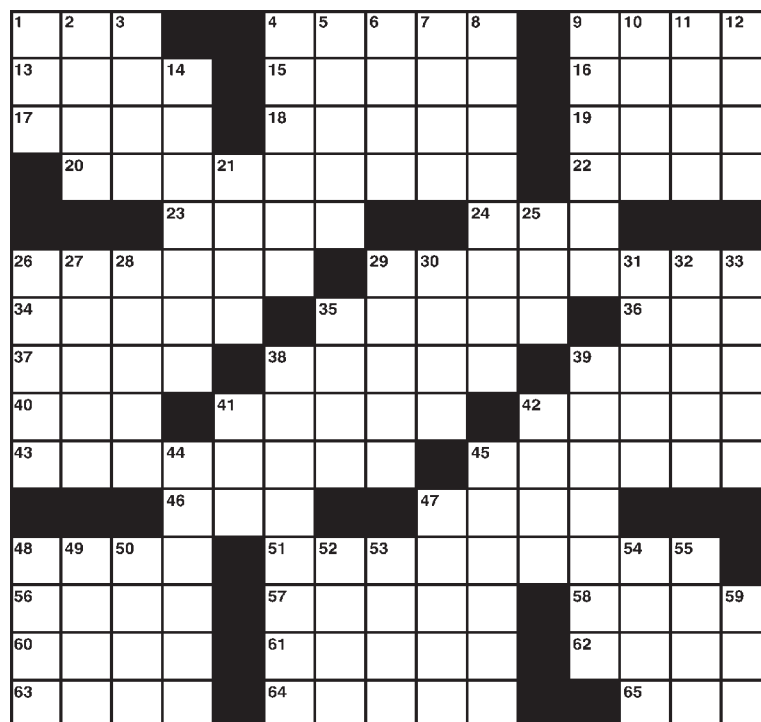
- 1 \_\_\_ to; increase  
4 Remove the lid from  
9 Egg on  
13 Common metal  
15 Fanny pack, e.g.  
16 No longer valid  
17 Knock down a building  
18 Hole sealant  
19 Bird's bill  
20 Fatigue  
22 Likelihood  
23 Decomposes  
24 "\_\_\_ Be Home for Christmas"  
26 Offbeat  
29 Time off  
34 Insensitive  
35 Old Roman robes  
36 Color  
37 Family tree member  
38 Starbucks edible  
39 Facts & figures  
40 Cal's location  
41 Anklebone  
42 On the \_\_\_; honest  
43 Grandeur

- 45 Linear measures  
46 Blushing  
47 Bluefin or albacore  
48 Wingless insect  
51 Rather pushy  
56 Incite  
57 Wanderer  
58 Turn over a new \_\_\_; reform  
60 Take on employees  
61 Lasso loop  
62 Belgrade resident  
63 Hotels  
64 Rile  
65 Fraternity letter

## DOWN

- 1 Broadcast  
2 \_\_\_ a blank; have a senior moment  
3 Nod off  
4 Arrogant  
5 Parts of speech  
6 \_\_\_ as a button  
7 Play divisions  
8 Complete medical exam  
9 Loosen a thick screw  
10 Kicked oneself for  
11 Happy  
12 Forest animals

- 14 Closest  
21 Arguments  
25 Spanish article  
26 Weight revealer  
27 Mean  
28 Kitchen appliance  
29 In \_\_\_; stylish  
30 Middle \_\_\_; historical period  
31 "\_\_\_ a dream..." (MLK speech)  
32 External  
33 Patricia & her family  
35 Powder, for short  
38 Colorful scarf  
39 Specifics  
41 Edison's initials  
42 Church season  
44 A+ and C-  
45 Homicide  
47 Rib  
48 Part of the alphabet  
49 Cut of pork  
50 Deserve; merit  
52 In just a bit  
53 Air pollution  
54 Pence, for short  
55 All \_\_\_; listening  
59 J. Edgar Hoover's agcy.

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War

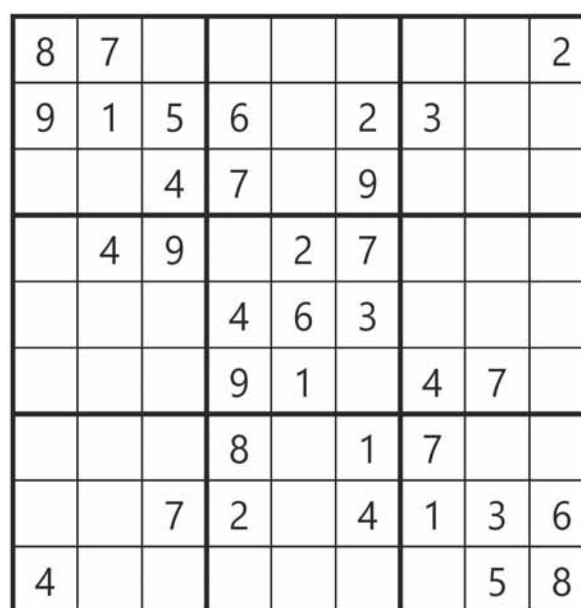
## metro.us/wander

Category: Movie



Trace a path, using every letter once, to find the hidden phrase. Your path can turn in any direction, but not diagonally.

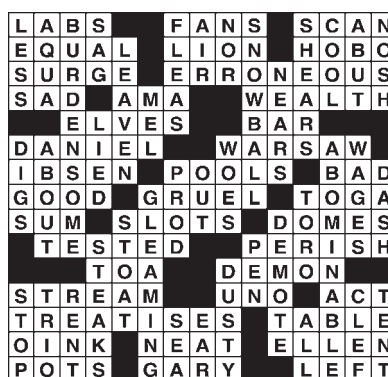
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